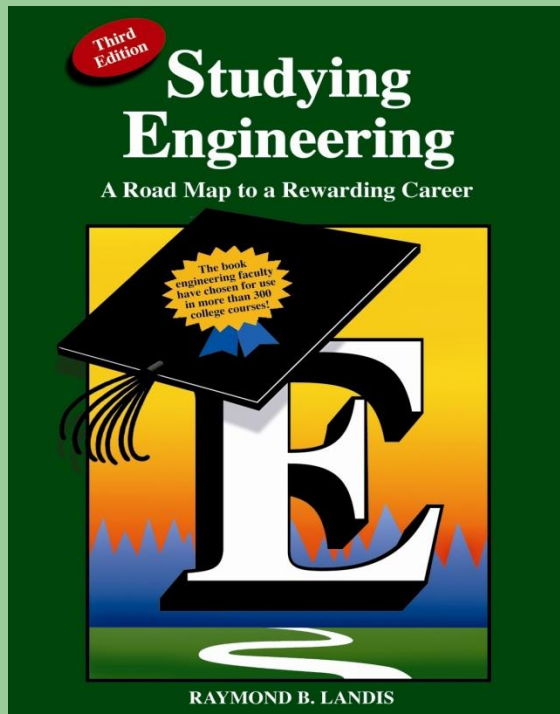




Chapter 1

Keys to Success in Engineering Study



Lecture Overview

- **Keys to success**
 - **Effort**
 - **Approach**
 - **Attitude**

Attitude is a Key to Success

Attitude is

- Mental position with regard to a fact or state
- Feeling or emotion toward a fact or state

Attitude – “Think Positively”

Attitude



Positive attitude produces positive results

Attitude



Negative attitude produces negative results

Attitude



Self-observation experiment

Attitude



Attitude

Brainstorm:

What attitude or beliefs might interfere with your success in engineering study?

Attitude is a Key to Success

**Weak Commitment
to a goal**

Choose two attitudes that
mostly affect your success

Low self-confidence

**Unrealistic
expectations**

Why do you hold it?

**External
locus-of-control**

**Unwillingness to
seek help**

How does it affect you?

**Resistance to
change**

**Tendency to
procrastinate**

How can you change it?