

CALIFORNIA STATE POLYTECHNIC UNIVERSITY, POMONA
College of Engineering

ETT 101 Intro to ET
Spring 2013

Journal

The main purpose of this course is to enhance your success as a student and as a person. You will learn about various strategies that will help you to succeed as a student. We will talk about why it is important to be responsible for your attitudes and actions, how to motivate yourself, how to increase your awareness about your potential and many other issues related to your success.

As in any other course, just learning new information will not by itself make you a successful student. For example, in a calculus course you listen to a professor explaining you new concepts and showing you how to solve problems, but to actually be able to solve problems yourself, it is important to practice solving problems by yourself. Similarly, in order to become a successful student, it is not merely enough to listen to information how to achieve this, or even to agree with this information. In addition to learning about how to become a successful student, practicing developing new attitudes and new behaviors is absolute necessity for success.

The objective for this assignment is for you to reflect on how practicing various strategies help you to achieve your goal. You will be asked to choose the most challenging course in this quarter, to set a goal to get a specific grade in this course (not less than B) and apply certain strategies in this particular course. You will record the results of your efforts in this journal.