

**CALIFORNIA STATE POLYTECHNIC UNIVERSITY, POMONA**  
**College of Engineering**

**ETT 101 Intro to ET**  
**Spring 2013**

*Homework 3*

1. Fill in the following survey:

Attitude Description	Do you have this attitude? (Yes/No)
Weak commitment to the goal of graduating in engineering	
Low self-confidence	
Unrealistic view of what is expected to succeed in engineering studies	
Lack of self-worth (tendency to sabotage your success)	
External locus-of-control (i.e. adopting a "victim" role)	
Unwillingness to seek help (e.g., thinking that seeking help is a sign of weakness)	
Resistance to change (your behavior or attitude)	
Tendency to procrastinate	
Avoidance of areas of weakness or perceived unpleasantness	
Reluctance to study with other students	
Negative view toward authority figures	

2. Write down three positive and three negative attitudes you have. For each attitude discuss the following:
- Is this attitude working for me or against me?
  - Why do I hold this attitude? Where did it come from?
  - Why is it important for me to change this attitude (for negative one)?
  - How I would benefit if I change this attitude (for negative one)?
  - How I benefit from having this attitude (for positive one)?

Due: Sunday, 4/17/2013, by 9:00am

Delivery: name this document as hw2LastFirst.doc and e-mail to eyharris@csupomona.edu

Please note that late assignments will not receive any credit.